#### **Reducing risks to health in the Anthropocene Epoch - Andy Haines**



**DIRECT EFFECTS ---HEAT AND EXTREME EVENTS** 

ECOSYSTEM MEDIATED EFFECTS e.g. EMERGING INFECTIOUS DISEASES VECTOR-BORNE DISEASES e.g malaria, dengue WATER-BORNE DISEASES FOOD SUPPLY and UNDERNUTRITION

SOCIALLY MEDIATED EFFECTS e.g. POVERTY, MIGRATION AND CONFLICT

### Exposure response curves for heat (WBGT) and productivity (Freyberg)

Small heat increases cause big losses in productivity



#### Extreme heat exposure under climate change - The ensemble mean of ISIMIP2b bias-

corrected models are presented over a historical baseline (upper, 1979 – 2005), RCP2.6 (middle, 2090 – 2099) and RCP6.0 (lower, 2090 – 2099). Monthly maximum, Low risk (green) = WBGT < 24; Moderate risk (orange) = WBGT 25 – 31; High risk (red) = WBGT 32 – 35; Extreme risk = WBGT > 36. (Andrews et al in preparation 2017)

Heat exposure risk (WBGT, unitless)











# **CKDu in Central America**

- A dramatic increase of chronic kidney disease of unknown origin (CKDu)
  - Unexplained by conventional risk factors such as hypertension and diabetes
- Primarily affecting adult male agricultural workers, in particular sugarcane workers



### Costa Rica, sugarcane cutters : WBGT measures





(Crowe et al. Am J Ind Med, 2013)



## Importance of fruit and vegetables for health



MEDICINE





#### A healthy low carbon future will depend on cities

Cities are engines of economic growth and social change, with annual economic activity of about US\$62 trillion, 85% of global GDP in 2015 and 71–76% of global energy-related greenhouse gas (GHG) emissions.

Newclimateeconomy.report/workingpaper\_cities\_final\_web.pdf 2015



Source: LSE Cities 2014

More compact development can reduce transport emissions by an order of magnitude.



#### Sustainable mobility trends scale up



# Psychological and emotional benefits from exposure to natural versus synthetic environments



Bowler and colleagues the Collaboration for Environmental Evidence The Lancet 2015 386, 1973-2028DOI: (10.1016/S0140-6736(15)60901-1)





# How Forest Conservation Reduces Disease risks –example from the Brazilian Amazon



 Decreased Malaria transmission Reduced air pollution and fewer Acute Respiratory **Infections (ARI)** •Cleaner water--- Less diarrhoeal disease

Bauch, Birkenbach, Pattanayak and Si



# Impacts of shifting from current (Western) diets to more environmentally sustainable dietary patterns:

Aleksandrowicz et al., PLoS ONE 2016

The eatwell plate Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.



Environmental Impact

#### Estimated relative differences compared to current diets

	Healthy dietary guidelines	Vegetarian diets
Greenhouse gas emissions	12% reduction	31% reduction
Land use	20% reduction	51% reduction
Water Use	6% reduction	37% reduction



